

SUMMER 2010

JUNIOR TENNIS PROGRAMS

West End Racquet Club – 610-395-3337



www.24-7fitness.com

Allentown • Bethlehem • Trexlertown • West End

The West End Racquet Club Junior Tennis Program includes nine different classes for juniors between the ages of four and eighteen. The program aims to provide a structured and fun framework for learning from which the student will foster a lasting enjoyment for the game of tennis and a willingness and desire to improve. We will be offering the following **5-week sessions** this summer:

Summer 1 – June 20st to July 24th – 5 week session
Summer 2 – July 25th to August 28th – 5 week session

**FOR MORE TENNIS SUMMER CAMPS,
PLEASE SEE OUR CAMP BROCHURE!**

To register, simply choose which session you'd like to attend and give us a call at 610-395-3337 or complete the registration form on the back of this flyer. Questions? Contact Laurie Schwepfinger at 610-395-3337 Ext. 15 or e-mail Laurie at LSchwepfinger@24-7fit.com.

SCHEDULE OF PROGRAMS

QuickStart One *Ages 4 and 5*

USTA-developed program designed for the little ones to get them exposed to and comfortable with tennis. Quickstart uses smaller court dimensions, foam and low compression balls and a simple scoring system. Emphasis is on fun and success using the USTA approved equipment.

Tuesdays 4:00 pm - 5:00 pm	SUMMER 1 & 2	Member	\$90.00/session
		Non-Member	\$112.50/session

QuickStart Two *Ages 5 to 7*

Practices are fun and success is achieved through stroke development and tennis games. The Quickstart format for this age group uses the appropriate-sized court nets and low compression balls. Emphasis is on fun and success using the USTA approved equipment.

Tuesdays 5:00 pm - 6:00 pm	SUMMER 1 & 2	Member	\$90.00/session
		Non-Member	\$112.50/session

QuickStart Three *Ages 7 to 9*

Designed to accelerate your child's learning curve, the QuickStart format for this age group uses the appropriate-sized court nets with the orange and green low compression balls. The emphasis for all Quickstart programs is to make tennis fun and to gain success on the courts using the USTA approved equipment.

Wednesdays 4:00 – 5:00 pm	SUMMER 1 & 2	Member	\$90.00/session
		Non-Member	\$112.50/session

Junior One *Ages 10-12*

This program is for the beginner player who is 10 years of age or older. This is a more structured clinic and focuses on learning basic fundamentals of tennis.

Wednesdays 4:00 pm – 5:00 pm	SUMMER 1 & 2	Member	\$90.00/session
		Non-Member	\$112.50/session

Junior Two *Ages 12-14*

Designed for Intermediate junior players, this program introduces youth to play on junior tennis teams. All players will learn to serve, keep score and keep five balls in from the baseline.

Tuesdays 4:00 pm – 5:30 pm	SUMMER 1 & 2	Member	\$135.00/session
		Non-Member	\$170.00/session

Teen One Ages 13-17

This program is for teenagers who are relatively new to tennis. Learning to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including ground strokes, volleys, overheads and serves.

Thursdays 4:00 pm – 5:30 pm **SUMMER 1 & 2** Member \$135.00/session
Non-Member \$170.00/session

Teen Two Ages 13-17

Teen Two students will experience the 5 play situations and will refine their tactical/technical skills. Concepts of offense/defense will be introduced in both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin will be stressed.

Saturdays 9:30 am – 11:00 am **SUMMER 1 & 2** Member \$135.00/session
Non-Member \$170.00/session

High School Competitors Ages 14 and up

Designed for the high school player participating on junior varsity or varsity teams. Players work on technical and tactical training and mental toughness.

Wednesdays 4:00 pm – 5:30 pm **SUMMER 1 & 2** Member \$135.00/session
Non-Member \$170.00/session

Tournament Players District/Sectional Ranking Required (or Club Pro Approval)

Designed for highly motivated tournament players who already possess district and/or sectional rankings. Focus on developing skills in a controlled, but intense, live-ball environment. Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship. **Maximum 12 students. Scholarships available – restrictions apply.**
Contact Laurie Schwepfing for details.

Tuesdays 4:00 pm – 5:30 pm **SUMMER 1 & 2** Member \$135.00/session
Non-Member \$170.00/session

GENERAL INFORMATION & REGISTRATION

1. Full payment must be made at time of registration. If you wish to mail a check, please mail to the following address with the name of the child and parent, program name, session date and day of week: West End Racquet Club, ATTN: Laurie Schwepfing, 4636 Crackersport Road, Allentown, PA 18104.
2. Make all checks payable to West End Racquet Club. Visa, MasterCard, Discover and American Express are accepted.
3. If your child is unable to attend a program, you must notify the Westend Tennis Department at least three (3) days prior to the first class in order to receive credit towards other Westend junior clinics/programs.
4. Refunds or credits cannot be issued after a program has begun except for medical reasons.
5. Due to insurance regulations, parents must observe all clinics from the observation areas and cannot be on court during the clinics.
6. All make-ups must be made within the session. Make-ups cannot be carried over to the next session except for medical reasons.
7. Clinics without any signups before the first class meets will be canceled for the session.

Student Name _____ Age _____ **CIRCLE SESSION: Summer 1 2**

QuickStart One – Tuesdays **QuickStart Two – Tuesdays** **QuickStart Three - Wednesdays**

Junior One – Wednesdays **Junior Two – Tuesdays** **Teen One - Thursdays**

Teen Two – Saturdays **High School Competitors – Wednesdays** **Tournament Players - Tuesdays**

Total Amount Enclosed \$ _____

Parent's Name _____ Address _____

Phone Number _____ E-Mail _____

I understand the nature and scope of the program listed. I understand that there are risks and dangers associated with the program. I understand that it is not the function of West End Racquet Club, its employees, agents, operators or instructors to guarantee the safety of participants with respect to the program above. I also understand that each participant has the responsibility to exercise due care in the performance of the activities/program for the safety of himself/herself and the other participants. In consideration of the participants being permitted to enroll in the program, I hereby release, indemnify and hold harmless West End Racquet Club, its employees, operators and instructors from any and all claims and demands, costs, charges and expenses for harm, injury, damage or loss which may be sustained by the participant as a result of, or relating to, participation in the program above. Refunds will only be given for medical reasons (physician's notice may be required for a medical refund). I have read and understand the above liability.

Signature of Parent/Guardian _____

Date _____